

THE VANGUARD WAY

(SOUTH TO NORTH)

A different experience in the other direction!

ROUTE DESCRIPTION

and points of interest along the route

SECTION K

Chelsham Common to Croydon

COLIN SAUNDERS

First Edition (South-North)
Version 1.0

This first edition of the south-north route description
was first published in 2011.
It is only available as an online resource.

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Colin Saunders asserts his right to be identified as the author of this work. Whilst the information contained in this guide was believed to be correct at the time of writing, the author and publishers accept no responsibility for the consequences of any inaccuracies. However, we shall be pleased to receive your comments and information of alterations for consideration. Please email colin@vanguardway.org.uk or write to Colin Saunders, 35 Gerrards Close, Oakwood, London, N14 4RH, England.

CHELSHAM COMMON TO CROYDON

11.0 km (6.8 miles)

The Route Description is based on a completely new survey undertaken by club members in 2010. Inevitably changes to the route and facilities will occur, and we try to keep abreast of them. It is our intention to bring out an updated version of the Route Descriptions and Companion as necessary, but you can refer to the Latest News page on our website www.vanguardway.org.uk for any changes that may have taken place meanwhile.

Paragraphs are numbered for ease of reference. However, please note that this South-North version uses the same numbering system for locations along the route as the original North-South version, so they appear to run in reverse order, i.e. in this section from K(1.19) to K(1.1). (The individual route description paragraphs in this South-North section are preceded by the letter K to distinguish them from the North-South versions.)

The route is marked on Ordnance Survey Explorer and Landranger maps, though you should note that in some places it is incorrectly marked on some older maps - we draw your attention to specific instances where relevant. Downloadable maps in pdf format showing the correct route are available on our website. Grid references are given at each numbered point to help identify the route. The country is divided into 100 km squares identified by a two letter code, and following standard OS practice we include these letters in our grid references. In this section they are in square TQ.

In this route description:

The actual route description is shown in black Roman (upright) text.

Links with stations and other key places off route are shown in boxes with a grey background.

Italic text is used for items that are not part of the main route description, including:

- *Key information about facilities (see Vanguard Way Companion for more details)*
- *Road and street names**
- *Advice and asides.*

* The mention of a road or street name does not necessarily mean that you will see this name on the spot, but it may be helpful if you need to be picked up or set down, or to find your position on a street map.

Underlined bold italic text indicates that more details can be found in the Commentary, which follows the route description.

Distances and altitudes are given in kilometres (km) and metres (m); but if you are more familiar with miles and yards, remember that 1 km is about five eighths of a mile and that 100m is about the same as 110 yards. To roughly convert metres to feet, multiply by three and add 10 per cent.

Abbreviations

VGW = Vanguard Way	KA = keep ahead	> = off route
Bw = bridleway	TL = turn left	N = north
Fp = footpath	TR = turn right	S = south
Rd = road	L = left	E = east
Tk = track	R = right	W = west
m = metres	km = kilometres	

VANGUARD WAY *SOUTH-NORTH* ROUTE DESCRIPTION: SECTION K

Public transport

On route: Buses at Chelsham Common, Court Wood Lane, Selsdon Vale and Selsdon Park Road.

Trains, trams and buses at East Croydon station. Link with Lloyd Park tram stop.

Distances from Chelsham Common to:

Court Wood Lane (bus)	3.5 km	(2.2 miles)
Selsdon Park Road (bus)	5.2 km	(3.3 miles)
Lloyd Park (tram)	9.4 km	(5.9 miles)
East Croydon Station	11.0 km	(6.8 miles)

Overview

The section starts and finishes on generally level terrain, but it is quite hilly in between and there are some steep slopes - remember you are in the foothills of the North Downs. It is nearly all in woodland and open space, and it is not until the last mile that urban surroundings become dominant, but roads are mostly avoided as you approach central Croydon along the historic Fairfield Path. There is a stunning view towards Central London as you near the finish through the leafy residential outskirts of Croydon. Between Farleigh and Littleheath Wood the Vanguard Way is joined by the London Loop for 3 km and includes Selsdon Wood Nature Reserve. Along the way you pass a delightful Saxon church at Farleigh and the pretty gardens of Coombe Wood, and Park Hill Recreation Ground is worth a detour.

Lowest and highest points: East Croydon Station (61m); Chelsham Common (180m).

VANGUARD WAY *SOUTH-NORTH* ROUTE DESCRIPTION: SECTION K

Section K of the Vanguard Way (South-North) starts at K(2.1) [TQ 371 592] Chelsham Common. This is in Tandridge District in Surrey.

[Transport] Buses operate (except Sundays) from here to stations at East Croydon, Upper Warlingham, East Grinstead, Caterham, Lingfield and Dormansland; also to Tatsfield, Warlingham Green and Redhill. A more frequent service operates (including Sundays) to West Croydon Bus Station from Sainsbury's Warlingham store, 1.1 km to the right along Chelsham Road.

[Refreshments] The Bull pub is just 50m back along Section J.

[Phone box] TR along Chelsham Road and KA at crossroads for 150m.

K(2.1) [TQ 371 592]

- From bus stop TR along Chelsham Road towards chicane (20 zone sign) and in 50m (opposite Warlingham Park School) TL along Fp beside fence, with **Great Park** to your R.
- Pass under bridge then in 100m pass through barrier to reach junction with Bw.
- TR then immediately bear L to continue along Bw in Great Park Wood, with field on your L.
- In 400m reach car park outside **Church of St. Mary the Virgin** in **Farleigh**.

[Refreshments] Afternoon teas in the church hall (behind the church) on summer Sundays.

K(1.19) [TQ 372 600]

- KA past metal gate along lane (Church Road) past Farleigh Court Riding Centre to Rd junction.
- TL along Rd (Farleigh Court Road) for 125m to kink in Rd.

[Refreshments] at the Harrow Inn, 800m ahead along Farleigh Court Road.

K(1.18) [TQ 370 602]

- TR along fenced Fp (permissive Bw), past large barn and Farleigh Court golf course, to junction beside metal gate.

[Refreshments] **Farleigh Court Golf Club** (500m off route). Walkers are welcome to visit the clubhouse for refreshments (carvery on Sundays). You can pass through the gate on your right here and follow the signed path north to the clubhouse.

K(1.17) [TQ 369 605]

- TL along narrow Fp on L side of round metal post, which leads into woodland and may be overgrown. Ignore the permissive Bw, which goes outside the wood.
- KA on Fp through wood (Hodge Grove) for 500m.
- Cross stile and KA to Rd, with drive of Farleigh Court Golf Club on your R. The permissive Bw comes in from the R here.

K(1.16) [TQ 363 607]

- At Rd (Old Farleigh Road) TR past golf club gateway. The **London Loop** comes in from the left here, to join the VGW for the next 3 km, bringing with it for the fifth and final time the Tandridge Border Path (see paragraph G(4.12)).
- KA on tree-lined Bw between fields. This is **Baker Boy Lane**.
- In 300m at junction bear L with London Loop, with first Puplet Wood on your R then Selsdon Wood on your L.
- In another 750m you reach a junction beside a gate into Selsdon Wood Nature Reserve.

Here you leave Tandridge District and the County of Surrey and enter the London Borough of Croydon in Greater London. The Tandridge Border Path goes off to your right here, along the valley beside another fairway of Farleigh Court golf course.

Continued on next page. ►

VANGUARD WAY *SOUTH-NORTH* ROUTE DESCRIPTION: SECTION K

[Transport] *Just a few metres ahead is Court Wood Lane, where a bus service runs to and from Addington Village Interchange (for trams to central Croydon).*

K(1.15) [TQ 367 617]

- a) Still with London Loop, TL through gate into Selsdon Wood Nature Reserve, then in 50m take the R fork (Addington Border).
- b) KA on this line as it rises and falls for 600m, passing Tks called Court Wood Grove, Avis Grove and Broad Walk, to far side of wood, where bear R beside fence to information board.

K(1.14) [TQ 363 623]

- a) Still with London Loop, TL through gap in fence then KA along enclosed Bw 516 (passing gap into Sorrel Bank) to Rd (*Peacock Gardens to L, Sorrel Bank to R*).

[Transport] *Bus at Peacock Gardens to Selsdon, Forestdale, Addington Tram Interchange, West and East Croydon.*

K(1.13) [TQ 361 624]

- a) Still with London Loop, KA along enclosed Bw for 300m, between the Selsdon Vale and Forestdale (Ladygrove) housing estates.
- b) Cross Rd (*Swallowdale*) and KA on Bw between fences for 50m to reach Rd (*Ashen Vale*).
- c) KA on Bw beside brick wall (*this is the official right of way rather than pavement beside Rd*) to reach main Rd beside the Church of Jesus Christ of Latter Day Saints (Mormons).

This is the A2022, and as you are standing on the boundary between the wards of Addington and Selsdon the road has different names: Selsdon Park Road to the right, Addington Road to the left.

[Transport] *Buses go right along Selsdon Park Road to Addington Village Interchange (with trams to central Croydon), and left along Addington Road direct to central Croydon.*

[Refreshments] *Selsdon or Forestdale (both 1 km off route).*

[Accommodation] *Selsdon (1 km off route).*

K(1.12) [TQ 357 627]

- a) Cross Rd, still with London Loop. *This road is usually very busy, and you are strongly advised to go R for 70m to use the light-controlled crossing, then come back along the far side, passing Ashen Vale opposite.*
- b) TR at pylon on tarmac path into Littleheath Woods.
- c) At bend in tarmac KA on rough Bw and follow it uphill to the top, ignoring side turnings and passing playground to your R.
- c) At path intersection TL to pass water tower and mobile phone aerial on your R.
- d) In 75m at next waymark post bear R.
- e) Following waymark posts, in 75m fork right then KA descending to junction beside London Loop fingerpost, with playing field on your R. *The London Loop diverges to the right here.*

K(1.11) [TQ 352 629]

- a) KA to crossing Tk then KA uphill at first then downhill.
- b) As you approach foot of hill turn sharp R at waymark post then shortly sharp L – this small diversion has been introduced to avoid disturbing a badger sett.
- c) Follow broad Bw between fences for a short distance to bend by pylon, where KA on narrow Fp between fences to T-junction.

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K(1.10) [TQ 346 631]

- a) TR to Rd (*Croham Valley Road*) and cross with care to KA along *Crest Road*. Among the trees on the hillside ahead you may be able to see the buildings and chapel spire of the **Royal Russell School**.
- b) At end cross *Ballards Way* with care then TR to bend.

K(1.9) [TQ 348 636]

- a) Turn sharp L along Rd/Bw (*Ballards Farm Road*) and follow it for 700m, at first past houses, then with garden fences on your L and woodland on your R, which is in the grounds of the Royal Russell School.
- b) When *Ballards Farm Road* bears L downhill, KA (signed *Conduit Lane*) for 200m to junction. (Note antique fingerpost here augmenting VGW signs on lamppost.)

K(1.8) [TQ 339 639]

- a) TR up rough Tk/Bw (*Conduit Lane*) and follow it for 600m with, on your L, a playing field then Central Nursery of Croydon Council's Parks Department, and grounds of Royal Russell School still on your R.
- b) At end of rough Tk KA along Rd (still *Conduit Lane*) to main Rd with the gardens of **Coombe Wood** on your R. (A little way up to your R is **Coombe Wood House**, now *The Chateau restaurant*.)

[Refreshments] *Coach House Café, The Chateau* (www.thechateaurrestaurant.co.uk).

[Toilets] *In Coombe Wood*.

K(1.7) [TQ 345 644]

- a) Cross Rd (*A212 Coombe Road*) with great care (*a protected crossing has been proposed here*) and TL downhill. (You pass **Coombe Lodge** on your left and the former **Coombe House**, now *Geoffrey Harris House*, on your right.)
- b) In 320m come alongside the tram lines and continue for a further 100m to some metal railings.

[Refreshments] *Coombe Lodge* (www.beefeatergrill.co.uk/beefeater/restaurants/croydon/coombe-lodge.html).

[Accommodation] *Premier Inn* (www.premierinn.com).

K(1.6) [TQ 342 643]

- a) TR to cross tram lines with care (look both ways) and enter **Lloyd Park**.
- b) Follow worn path half L through field/wildflower meadow between trees. (*The strange gadgets consisting of a metal basket on a pole with ring of chains and yellow band are for **disc golf**.*)
- c) On reaching large open field with green fence to your L, TL beside fence (above former chalkpit with children's playground). (*The crenellated tower with turret ahead is the water tower in Park Hill, of which more later.*)
- d) At bend in fence KA to go to R of group of trees by pit.

Link with Lloyd Park tram stop [210m, TQ 337 645]

At trees by pit turn half L aiming for R-hand end of pavilion, then TL past tennis courts and TR to tramstop.

[Transport] *Trams to/from West and East Croydon Stations. Lloyd Park tram stop is just 150m over to your left past the tennis courts.*

[Toilets] *On far side of pavilion.*

If starting from Lloyd Park tram stop:

TL beyond platforms into park, past car park and tennis courts, then bear half L to far corner of hedge/fence surrounding bowling green, where TL to rejoin VGW.

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K(1.5) [TQ 337 646]

- a) KA to corner of hedge/fence surrounding bowling green and continue on to Rd (*Lloyd Park Avenue*)
- b) TL for 30m along grass verge then TR across Rd.
- c) KA along Fp between house numbers 18-20 – this is the start of the **Fairfield Path**.

K(1.4) [TQ 336 646]

- a) Pass *Larcombe Close* and go under Tramlink bridge to cross *Brownlow Road*.
- b) KA up Fp to next Rd (*Reynolds Way*).
- c) TL for 80m then TL on Fp between house numbers 25-27 and follow down to main Rd (*B243 Park Hill Road*).

K(1.3) [TQ 333 650]

- a) TR to use zebra crossing then KA on Fp beside fence to Rd (*St. Bernards*).
- b) KA to Rd junction.

*At this point you could consider making a short diversion of 200m to **Park Hill Recreation Ground** for a close-up view of the water tower, or for toilets and refreshments. For this TL, cross Stanhope Road and KA past bollards along Fp to water tower, where you can continue into the park if required.*

- c) TR along Rd (*Chichester Road*) then shortly TL along *Cotelands*.
- d) As you pass Park Hill Infants School KA beside grass, cross *Stanhope Road/The Avenue* and continue down Fp to *Fairfield Road* and KA to main Rd (*A232 Barclay Road*).

K(1.2) [TQ 329 653]

- a) Cross at controlled crossing, TR then immediately TL along **Altyre Road**.
- b) At the end use controlled crossing to cross to bus station, tram stop and **East Croydon Station**, where you complete your south-north traverse of the Vanguard Way at:

K(1.1) [TQ 328 657] East Croydon Station.

CONGRATULATIONS ON COMPLETING THE VANGUARD WAY!

Please let us know by emailing vgway@vanguardway.org.uk, together with the dates and start/finish points of each leg. We'll be happy to provide you with a certificate, and there's a badge for sale – details on our website www.vanguardway.org.uk.

[Transport] *East Croydon Station is served by daily frequent trains to central London, Gatwick Airport, eastern parts of Surrey, Sussex, Hampshire, Hertfordshire and Bedfordshire. Also (not Sundays) Edenbridge, Tonbridge, Tunbridge Wells and Milton Keynes.*

Croydon Tramlink goes from East Croydon Station to West Croydon Station, Wimbledon, Beckenham Junction and other parts of the London Borough of Croydon.

West Croydon Station is served by daily frequent local trains to central London, Sutton, Epsom and Highbury & Islington.

Buses from East or West Croydon Stations run daily to most parts of south London and Heathrow Airport; also (not Sundays) Caterham, Lingfield, Dormansland and East Grinstead.

[Refreshments] *Plenty of facilities in or near East Croydon Station and in the town centre.*

[Toilets] *On platforms in station - only accessible to passengers with tickets. There are many facilities in the shopping centres.*

[Accommodation] *Plenty in Croydon and Addiscombe within easy walking distance of the finish.*

[Equipment] *There are several outdoor equipment shops in Croydon's main shopping area.*

COMMENTARY

on places shown in bold italics and underlined in the route description

K(2.1)

The **Great Park** estate to your right used to be Warlingham Park Hospital, opened in 1902 or 1903 (depending on source) as Croydon Mental Hospital. It closed in 1999 and the buildings have been converted into an upmarket residential estate. The hospital's distinctive clock tower remains and can be seen from some points along the adjacent footpath.

The Church of St. Mary the Virgin was built c.1083 and is almost entirely Norman. It was badly damaged by fire in 1964 but has been restored. The church is open to visitors at times when afternoon tea is being served in the hall - the first Sunday in May to the last Sunday in September, from 2.30 to 5.00 pm.

Farleigh is a delightfully sleepy hamlet (described by Pevsner as 'almost the most rural hamlet in Surrey') which has remained remarkably unchanged, considering its proximity to London. The residents mounted fierce opposition to its proposed inclusion in Greater London and won. The name was first recorded in 880 as Fearnlege (bracken clearing in Anglo-Saxon), and is shown on old maps as Farley. From the 13th to 15th Centuries, the parish was an estate of Merton College, Oxford, which still owns much of the land in this area.

K(1.18)

Farleigh Court Golf Club (www.farleighcourtgolf.com) opened in 1997 and was originally under Japanese management, but is now part of the Swallow Hotels group. The land is leased from its owners, Oxford's Merton College.

K(1.16)

The Vanguard Way joins the **London Loop** for the next 3 km. The second word is sometimes seen written in upper case to indicate its original name, the London Outer Orbital Path. This 240 km trail completely encircles Greater London, closely following its boundary. It was proposed in 1990 by the London Walking Forum and has been developed by its Orbitals Working Party in cooperation with the various boroughs and with support from Transport for London. More information at www.walklondon.org.uk/route.asp?R=5.

A ghost story! A baker's delivery boy was on his way from the bakery at Farleigh to deliver bread at Selsdon, and had reached the bend in the road where **Baker Boy Lane** joins Farleigh Road. A woodman leaped out from behind some trees and hacked him to death. Some year's later, some local residents were driving along Farleigh Road in thick fog, and when they reached this point a dark shape loomed up ahead. The headlights revealed a tall man wearing an old fashioned country suit and carrying an axe. The driver screeched to a halt and ran after the man, but he was nowhere to be seen. Another resident told how her dog panicked and ran whenever they passed the tree where the woodman's axe had been hidden after the crime. With acknowledgement to 'Around Haunted Croydon' by Frances D. Stewart.

K(1.15)

Selsdon Wood Nature Reserve comprises 81 hectares, predominantly oak and beech woodland but with several large fields. Over 175 species of plant, 60 of birds, 18 of mammals, 230 of butterflies and moths, 35 of snails and slugs and 25 of spiders have been recorded here. Once used for pheasant shooting, the threat of development in the 1920s stirred many concerned local people into action. They started an appeal, which was supported by local councils, a number of other bodies and over 10,000 private individuals. In 1936 they were able to present the area to the National Trust as a bird sanctuary. Although still owned by the NT, day-to-day management is in the hands of the Parks & Open Spaces Department of the London Borough of Croydon. Following severe depredation of trees during World War II, an intense programme of replanting has seen the wood returned to its former glory. More information at: www.croydon.gov.uk/leisure/parksandopenspaces/parksatoz/selsdonwood.

Several smaller woods were combined to form the reserve, and the main tracks or rides were given names.

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The VGW crosses the northern corner of the reserve, with Court Wood to the left and Selsdon Wood to the right, following the track called Addington Border, as that is what it used to be, between the former parishes (now wards) of Addington and Selsdon.

K(1.13)

Selsdon Vale was developed during the 1920s by the Surrey Garden Village Trust as ‘homes fit for heroes’ - soldiers returning from the First World War.

K(1.12)

Littleheath Wood (www.croydon.gov.uk/leisure/parksandopenspaces/parksatoz/littleheath) was formed from an agglomeration of smaller woodlands once used for pheasant shooting. It straddles the former boundary between Croydon borough and Coulsdon & Purley urban district, which jointly purchased the wood for public use in 1932, thanks to the efforts of the Commons, Open Spaces and Footpaths Preservation Society, now known as the Open Spaces Society (www.oss.org.uk).

K(1.10)

The **Royal Russell School** (www.royalrussell.co.uk) is an independent school established in 1866, by clerks working in the City of London, at Russell Hill in nearby Purley. The name comes from the patronage of Lord John Russell, Duke of Bedford. After World War I, the need to educate war orphans led to the acquisition of this site, then known as the Ballards Estate, as additional premises. It was opened in 1924 by the Prince of Wales, later to become King Edward VIII. In 1961 the Russell Hill site was sold and the entire school is now located here.

K(1.8)

The district now known as **Coombe** (though not many Croydonians will recognise the term) was first recorded in 1221. From the 16th century it was known as Broadcombe, then Coombe Green. It had a triangular village green with a pond, which have been completely obliterated by the main road and construction of various big houses described below. The word coombe comes from the Saxon cumb, which was their rendering of the Celtic cwm - a natural hollow in a hillside. The area is dominated by three large houses, all including the word Coombe, so you should concentrate as we describe them below to avoid confusion! At one time or another this whole area, including the three houses and Coombe Farm to the north, were owned by one person or family: during the late 18th and early 19th centuries by James Bourdieu Senior and his son James Berney Bourdieu, and during the late 19th and early 20th centuries by Frank Lloyd (see location K1.4).

The large houses are Coombe Lodge, Coombe House and Coombe Wood House. They have sometimes had the same owners, and there has been confusion about various details attributed to them. We believe we have got it right in our descriptions below, but if you have authority to contradict them please do let us know!

The former grounds of Coombe Wood House, now called just **Coombe Wood**, constitute a small but delightful area of public gardens owned by Croydon Council, featuring especially roses and rhododendrons. Until the 18th century, this was part of Broadcombe Common, then in 1801 (during the notorious Inclosure Acts) it was acquired by James Bourdieu Senior (see Coombe Lodge), who lived at Coombe House and had already bought Coombe Lodge. It then became part of the grounds of Coombe Lodge, and was opened to the public in 1952. The springs and wells here supplied water to all three big houses, from which Conduit Lane gets its name.

The red-brick buildings, including a tea-room, that now form the focus of the gardens were originally outhouses of Coombe Wood House, built in a former gravel pit to preserve the view from the big house. Until the late 1990s its stables were the base of Croydon’s Parks Department Rangers, some of whom patrolled on horseback, while the café used to be run by a Chinese couple who totted up your bill on an abacus.

The predecessor of the pond by the entrance was said to have been haunted by a servant girl, but apparently

she moved to another pond during construction of the new one in 1845.

The web site for Coombe Wood is www.croydon.gov.uk/leisure/parksandopenspaces/parksatoz/coombe.

A leaflet describing the wood is available at www.croydon.gov.uk/contents/departments/leisure/pdf/coombewood.pdf

Just a little further up the main road (from this point upwards it is called Coombe Lane), The Chateau restaurant (formerly Chateau Napoleon - www.thechateaurrestaurant.co.uk) now occupies what was **Coombe Wood House** (75m E). Built in 1898 as the home of Arthur Lloyd (brother of Frank Lloyd), it incorporated a church organ, whose keyboard was located in the entrance hall, with its pipes in the staircase panelling. In 1938 the house was acquired by Croydon Corporation and became a convalescent home.

K(1.7)

Coombe Lodge, formerly called Coombe Green House, was built around 1700, and in 1761 was acquired by James Bourdieu Senior (see Coombe House below). His son made this his main home in 1804, then during the 19th century the house passed through successive ownerships. In 1897 it was bought by Frank Lloyd (see location K1.4) but he continued to live in Coombe Wood House (see below). The story goes that, soon after the First World War, Earl Haig was a guest in Coombe Lodge and, while strolling in the grounds one day, conceived his idea of Poppy Day to help former servicemen – the first Poppy Day was held on 11th November 1921.

Coombe Lodge is now a pub/restaurant and hotel (Premier Travel Inn – www.premierinn.com), whose facilities you may wish to sample. It used to contain a 3-metre high grandfather clock, brought here from the Greyhound Inn in Croydon, though that now seems to have been replaced by a later and smaller one that stands in the reception area.

Coombe House is now called Geoffrey Harris House in its current use as a care home for elderly people and as a centre for children with learning difficulties. It stands on the site of an earlier building that was frequently visited by William Harvey, who discovered the circulation of blood in 1628 - he liked to meditate in the dark and had several caves built in the grounds. The present house was built around 1761 for James Bourdieu Senior, Sheriff of Surrey. Frank Lloyd (see location K1.4) acquired it in 1892. For a while during the 20th century it was used as St. Margaret's School for children with cerebral palsy, and part of it is still used for a similar purpose. Beneath the lawn of the present house lie the foundations of an even earlier building, which is believed to have been a grange, that is a residence associated with an abbey or priory, or in this case possibly even the Archbishop's Palace in Croydon. A well that may have been part of the grounds of this building is now located inside a house called Pilgrims' Well behind Coombe House - it was said to have been used by pilgrims on their way to join the Pilgrims' Way at Titsey.

K(1.6)

Previously farmland, **Lloyd Park** (www.croydon.gov.uk/leisure/parksandopenspaces/parksatoz/lloyd/) was dedicated to the public in memory of Frank Lloyd, a local landowner and benefactor, by his daughter in 1927. Some of it was ploughed up during the Second World War for crops. There are several old chalk pits, in one of which is a children's playground. You may see or hear noisy flocks of ring-necked parakeets - a green bird about the size of a starling plus a long tail - which originated in Asia but started to appear in the wild in this country in 1969, and is now quite widespread throughout southeast England. Even if you don't see them, you may hear their screeching 'kee-ak' call.

Croydon Disc Golf Club was established in 2007. The sport has been played in Britain since the early 1990s and is becoming more popular. To quote the website of the British Disc Golf Association (www.bdga.org.uk): 'Just like traditional golf, the object of the game is to complete each hole in as few shots as possible. With disc golf you throw a flying disc or Frisbee® rather than hit a ball, and to complete a hole you have to land the disc in an elevated metal basket. Wherever your disc lands, that's where you make your next throw or play your next shot'.

K(1.5)

Between Lloyd Park and East Croydon, the VGW generally follows the line of the **Fairfield Path**, which originally served as the footpath used by the inhabitants of Coombe village (see above) to reach Croydon. It led through what was once the field used by the town fair, for which a charter was obtained in 1276 and lasted for nearly six hundred years. Originally held in streets, it later used the Fair Field, which was recorded in a survey dated 1493 and shown on maps. For a while there were two fairs: a cherry fair in July and a walnut fair in October. The last fair was held in 1868, when the land was acquired for a short-lived branch line to Croydon Central Station. An attempt to revive the Cherry Fair in the 1990s was short-lived. Most of the path has been redeveloped as residential roads, but the name still survives in a couple of short, isolated stretches.

K(1.3)

Park Hill Recreation Ground (www.croydon.gov.uk/leisure/parksandopenspaces/parksatoz/parkhill/) is a fairly small but interesting park in the centre of Croydon. In 1780 the land was acquired by the Ecclesiastical Commissioners for a new palace of the Archbishops of Canterbury. That plan was abandoned in favour of Addington, and the area became a deer park, farmland and, for a while, the site of a racecourse. In 1851 a reservoir was constructed, followed in 1867 by the very prominent, red-brick, Grade 2-listed water tower. It is 23 metres (75 feet) in diameter and, though no longer used for water storage, could hold over four million litres (nearly a million gallons). For a time the public were admitted to its viewing platform, which proved most useful during the First World War for spotting approaching Zeppelins. In 1887 the land was bought by Croydon Corporation and turned into a public park.

Down the drive to the left of the park depot (past the toilets) is Coombe Cliff, built in 1853 for John Horniman, the tea merchant and public benefactor - a blue plaque marks the residence of John and his son Frederick John. John was a great traveller and collector, and his collection can still be seen at the Horniman Museum (www.horniman.ac.uk) in Forest Hill. The house later became a convalescent home and adult education centre. The walled garden of the house (turn right at the park depot) can still be visited.

The milestone opposite the entrance to the walled garden was rescued from its original location and moved here in modern times. Most of the text on the milestone has been obliterated, but from what can be seen on its north side the location was a T-junction 9 miles from Whitehall, which could put it in the West Croydon/Broad Green area, possibly on London Road. We are grateful to Colin Woodward of the Milestone Society (www.milestonesociety.co.uk) for telling us that 'Ex.... 10 miles' (on the west side) probably refers to Royal Exchange, which was often used as a measuring point for the City of London. All that remains on the east side is '? 10 miles'.

K(1.2)

The otherwise bland **Altyre Road** contains several buildings worth noting. At the start on your R is Altitude 25, which provides nearly 200 apartments on 25 floors, then the plush, red-brick Croydon Park Hotel (www.croydonparkhotel.com). On your left are the concrete-lined Croydon Law Courts, then the First Church of Christ Scientist. Rising up at the end, also to 25 floors, is Number One Croydon, originally the NLA Tower when completed in 1970, but known locally as the Threepenny Bit Building (or the 50p Building to some) because of its shape. It now provides offices for a number of businesses, and depending on your point of view may be considered an icon (of the architecture of that time) or an eyesore. The squat, green building is Tolley House (offices).

East Croydon Station is both the northernmost and westernmost point of the VGW. When the VGW was launched in 1981, the old Victorian era station still stood here. But that was considered too restrictive for the huge expansion in passenger numbers and the present flamboyant and airy building was opened in 1992. The line was opened in 1841 for the London & Brighton Railway. Outside the main concourse is the East Croydon Tram Stop for Croydon Tramlink, opened in 2000 as part of the first tram system to operate in southern England since 1952. Now there are plans for further improvements, possibly including a new concourse built over the existing platforms.

CROYDON

Croydon (www.croydononline.org) is one of the most dynamic places in southern England, a thriving business and shopping centre, the largest in southern England outside central London, and a major transport hub with its own tram system. With a population of 330,587 (2001 census) it feels like a city in its own right, and regularly applies for city status when the opportunity arises - so far without success, but its time will surely come. Despite disparaging remarks made about Croydon in some circles, it has much in its favour and many interesting old buildings (see below), so is well worth exploring.

The town developed in a strategic location at the head of the River Wandle and on the north side of a gap in the North Downs. There was some activity during Roman times, when the road from London to the Brighton area ran a little to the west along what is now the Purley Way. The first written record of a Saxon settlement was in 809 as Crogedene (= saffron valley), then part of the Saxon sub-kingdom of Suthrige (Surrey). In the 10th century the Archbishops of Canterbury established a country residence beside the river, later expanding it into a grander palace, much of which still survives as part of the Old Palace School (see below). Some of the early archbishops are buried in the parish church. Around it grew an important trading and industrial centre noted especially for its iron industry with many smiths and charcoal-burners. Surrey Street has been the scene of daily markets since 1276. The Wandle later became polluted and the town's hub moved a little eastwards up to the plateau that forms the watershed between the valleys of the Wandle and the Ravensbourne, and where East Croydon Station is situated.

Many of Croydon's buildings and features bear the name of, or are connected with, John Whitgift, born around 1530, who was Archbishop to Queen Elizabeth I from 1583 until her death in 1603. He died the following year. He was very fond of Croydon and provided funds and legacies for many local institutions.

Croydon was an important staging-post on the London to Brighton road during the golden era of coaching - the 18th and early 19th centuries. In 1803 the Surrey Iron Railway opened from Wandsworth to Croydon and in 1805 was extended to Merstham: horse-drawn trucks brought coal south to Croydon, while fullers' earth and ironstone were brought from Merstham. In 1839 the London & Croydon Railway opened, followed in 1841 by the London & Brighton Railway. Unable to compete, the Surrey Iron Railway closed in 1846.

The railways turned Croydon into a dormitory suburb for London workers, though nowadays just as many people travel to work in Croydon. In 1915, Croydon Airport was opened and was one of the world's busiest until its closure in 1959. In 1974, a local government reorganisation brought Croydon into Greater London.

The town has two large indoor shopping centres, Whitgift and Centrale, and many important buildings, especially:

The Old Palace (also known as Archbishop's Palace, 1 km W, www.friendsofoldpalace.org) was one of a series of palaces, originally built in Saxon times, on the route between Canterbury and the Archbishops' London base at Lambeth. It was rebuilt several times and continued to be held by Canterbury until 1780. It became the administrative centre for the Archbishops' extensive properties in Surrey, Middlesex and Hertfordshire. And for one Archbishop in particular, John Whitgift (1530 - 1604), this was his favourite residence and he spent much of his time here. Its Great Hall, chapel and guardroom (now a library) date from the 14th and 15th centuries. Now a highly regarded school for girls, founded in 1889, its interesting buildings may be visited during school holidays.

St. John the Baptist Church (1 km W). Beside the Old Palace with its own quiet little park (the former graveyard), Croydon's parish church is the seat of a suffragan bishop who is subordinate to the Bishop of Southwark. It was rebuilt in 1870 after a fire destroyed an earlier building three years before, but some parts of the previous building remain. John Whitgift and five other archbishops are buried here.

Whitgift Hospital (500m W). Now an almshouse, the hospital was built in 1599 for Archbishop Whitgift and can be visited by advance arrangement. It is situated next to the Whitgift Shopping Centre on pedestrianised North End.

Fairfield (500m SW, www.fairfield.co.uk). One of the largest conference and entertainment complexes in

VANGUARD WAY *SOUTH-NORTH* ROUTE DESCRIPTION: SECTION K

South London, opened in 1962. It contains a concert hall and the Ashcroft Theatre, a memorial to Dame Peggy Ashcroft. There are plans to redevelop the complex around the existing concert hall, which has excellent acoustics. The halls stand on the western part of the field where Croydon's fairs were held - the VGW follows the Fairfield Path through the eastern part of the same field.

Croydon Clocktower (600m SW, www.croydonclocktower.org.uk). A major cultural centre, opened in 1994, built around the old red brick Town Hall of 1895 with its prominent clock tower. It comprises the David Lean Cinema, the Braithwaite Theatre, the Central Library, tourist information centre, museum and exhibition centre.

Croydon Gateway. A proposed massive redevelopment of the area immediately west of East Croydon Station, to include a sports arena, public plaza and all the trimmings.
